



Luther Heights

In this edition of LutherCare Living & ICH Highlights, Luther Heights wants to show off their residents' labours of love! Without the demands of home ownership, residents of Luther Heights enjoy nurturing their hobbies!

Visitors and fellow residents have the pleasure of seeing the various crafts made by residents throughout the common areas. It is clear that there is lots of creativity in this community!

Luther Heights' display of residents' crafts and hobbies is certainly a unique and interesting way for residents to get to know their neighbours and friends. Some items on display include, but are not limited to, knitted items and intricate wooden creations.

Residents of Luther Heights have a full itinerary for the spring and summer months. This includes many activities for residents to engage in to keep themselves active: shuffleboard, pool, crokinole, cribbage, and of course, crafting!

Residents also have many opportunities to socialize and connect with fellow residents, Team Members, and the community at large through events such as wine and cheese parties, bingo, movie nights, visits with the nearby school, monthly birthday parties, and more.

One event held in Luther Heights was the Mother's Day Tea in May, which was accompanied with live music, wonderful refreshments, and great company!



LUTHER RIVERSIDE TERRACE

Residents of Luther Riverside Terrace could not be happier with the arrival of warm weather. Residents had a busy spring filled with happy hours, wine and charcuterie parties, pool and crib tournaments, movie matinees, as well as outings to the Berry Barn, the greenhouse, and many more.

Live music performances never stop circulating through the community either. Luther Riverside Terrace hosted performances from Orpheus 60, Don Lin Country Band, Don Balzer, The Crooked Bush Revival, and The Bosco Ukuladies. In addition, they hosted their very own in-house entertainment from The Terrace Troubadours and the Men’s Chorus! Lastly, residents had a wonderful Mother’s Day get-together celebrating all the wonderful mothers in the community.

Residents at Luther Riverside Terrace have been outside as much as possible with outdoor performances from The Concordia Brass Band, Saltwater Joy, Mitchell Dureault and an Indigenous performance by Lawrence Roy and Elmer Tootoosis. Other entertainers who plan to visit the community are The Old Thyme Rhythm Makers, Silver Strings and a must-see Rocking with Elvis show! Residents have also enjoyed several barbecues, ice cream treats on the patio, special outings, and some games out on the lawn. Here’s to a great summer ahead!



LUTHER TOWER

Here at Luther Tower, residents enjoy a variety of activities. As part of monthly bus excursions, residents enjoyed trips to the casino, Berry Barn, Crossmount Cider Co., Persephone Theatre, and many more.

Recently, residents enjoyed participating in a talent and variety show—there was an amazing amount of talent they had to offer. Performance acts included, but were not limited to, poetry, comedy, piano, accordion, and singing. There was even a performance by Sonny and Cher! Luther Tower also hosted many local bands from the area. These events brought residents together through joy, laughter, and as friends supporting friends.

With events like monthly birthday parties, wine and cheese parties, and happy hours, there is no shortage of entertainment for residents of Luther Tower.

Each week, residents at Luther Tower keep busy with community organized games as well. Favourites during the spring and summer include weekly games of bocce ball and hole-in-one. On top of these, weekly yoga sessions and the walking group program help residents maintain a balanced and active lifestyle.





TRINITY TOWER

The snow is finally gone! The grass is green, the flowers are blooming, and the birds are chirping.

Now that the sun is shining again, it is time for the residents of Trinity Tower to plant flowers, relax on the patio, have barbecues, and go on nice evening walks. The outdoors is the place to be, and it is always great to cool off in the shade!

Whether it's quiet time alone on the swing, or a lively time with family and friends... summer is here, and the residents are ecstatic!

Mothers were celebrated in May with a Mother's Day supper and tea, and the fathers were celebrated in June with a barbecue. This followed the first barbecue of the year on Victoria Day—residents enjoyed hamburgers and hot dogs, with all the fixings, as well as great company, and fun activities!

Nobody puts together a community gathering quite like Trinity Tower residents. Summer at Trinity Tower is never a bore!



LUTHER PLACE OUTLOOK

Spring is in full effect here in Outlook! The leaves on the trees have returned, and the lawns are green once again. Luther Place's flower group have taken advantage of their flower beds and have planted their annual garden.

Residents enjoyed having Pastor Mac DeWaal and his wife Lila from the Bethlehem Lutheran Church in Outlook providing their communion service twice a month to residents. Residents also enjoyed having Director of Mission & Spiritual Care Lori James lead a beautiful memorial service for all residents of Luther Place that have passed away in the last year.

Residents had the opportunity to connect with the local Outlook High School Commercial Cooking class. During the students' visit, they collected residents' recipes and prepared them for the residents to sample!

Luther Tower's holiday events have provided much laughter, joy, delicious meals, and themed games. Residents enjoyed having family and friends attend their Easter banquet, which was completed with wonderful entertainment.

There are several residents who continue to work on their different hobbies, such as quilting, knitting, and even crafting stepping stones. Activities such as triominoes, wine and cheese parties, birthday teas, watching horse races, playing whist drive, and matinees have brightened Luther Place residents' days.

Luther Place Outlook is grateful to have the Public Health nurses host an in-house immunization clinic for residents' COVID-19 booster shots.

Fundraising efforts were very well supported at Luther Place. They began with the "Nice as Pie" campaign with the LutherCare Foundation and a visit from Jay Richards and Darrell Utley. Members from the Resident Executive Council held a garage and bake sale during Outlook's town-wide garage sale. The support from donations and purchases was overwhelmingly positive!



FREQUENTLY ASKED QUESTIONS

When is a good time to start thinking about moving to an Intermediate Care Home?

It is good to start thinking about moving to an Intermediate Care home (ICH) at any time, but particularly if you notice you are requiring extra assistance for daily activities. No one likes to think about having to move, but it is in your best interest to be at least a little prepared should it come to pass. Most people that move into our ICH's find that their health and quality of life improves significantly. We invite you to come and have a look around or visit our residents. Familiarity with our home-like atmospheres may help to dispel the fear of the unknown that most of us harbor. All of our ICH's host an open house at least annually. Watch for the posters and please join us!

What is appropriate furniture for my loved one to have or bring in to the Intermediate Care Home?

Each Intermediate Care Home will supply a single bed, a stand up dresser and a night table. Every family can then decide if they would like to use the Intermediate Care Home's furnishings or if they want to bring in their own personal belongings. Depending on the size of the room, residents can also have televisions, small tables, comfortable chairs, and personal knick-knacks, but just a reminder that the rooms get cleaned every week so the staff need adequate space to clean around. Please do not bring any valuable breakable items, as the Intermediate Care Home will not be responsible to replace them. You may be asked, periodically, to come in and de-clutter your loved one's room should it become crowded.





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Our mission is to provide excellence in care, shelter, and support in a nurturing Christian environment for all entrusted to our care.

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