

## A "Continuum of Living"

Founded as Lutheran Sunset Home of Saskatoon in 1955, LutherCare Communities has grown to serve more than 1,000 residents and clients each day in locations across Saskatchewan.

Our services include long-term nursing care, community day programs, seniors' housing, home support, intermediate care homes, group living homes, and subsidized family housing. These services are fully accredited, showing our commitment to excellence.

We support the whole person in body, mind and spirit; and aim to create communities where residents and clients can remain part of a familiar and supportive environment even as their needs changes.

To achieve its mission, LutherCare works on its own and in partnership with local health regions, the Saskatchewan government, private developers, congregations, and other agencies. Affiliated with the Evangelical Lutheran Church in Canada, LutherCare's services are open to all without restriction.



### Contact Information

#### LutherCare Group Home Program

1212 Osler Street, Saskatoon, SK S7N 0T9  
E-mail: [darla.bolin@luthercare.com](mailto:darla.bolin@luthercare.com)

Coordinator 664-0345  
Nurse Manager 664-0331

#### LutherCare Communities Head Office

1212 Osler Street, Saskatoon, SK S7N 0T9  
Phone: (306) 664-0300 Fax: (306) 664-0311  
E-mail: [luthercare@shaw.ca](mailto:luthercare@shaw.ca)  
Web: [www.luthercare.com](http://www.luthercare.com)



### Fundraising

Donations to LutherCare Foundation support the vision and programs of LutherCare Communities. For more information, contact:

LutherCare Foundation  
1212 Osler Street  
Saskatoon, SK S7N 0T9  
Phone: (306) 664-0316  
Email: [bryan.tastad@luthercare.com](mailto:bryan.tastad@luthercare.com)



## Community Day Programs



## *Dare to Care*

Building healthy, faith-based caring communities

*Our mission is to provide excellence in care, shelter and support in a nurturing Christian environment for all entrusted to our care.*

We strive to enhance the quality of seniors' lives by supporting them with social and recreational opportunities, nutrition, and community information.

## Who?

The Community Day Programs serve seniors living in the community who desire to maintain a healthy lifestyle, including meaningful social opportunities with their peers.

No assessment is required. Simply contact the program coordinator at 664-0345 if you, or someone you know, can benefit from a satisfying weekly outing.

## Why?

Many of our participants find that the weekly program is all they need to ward off feelings of loneliness and isolation and maintain a healthy and positive outlook on life.



## What?

Community Day Program activities include the following:

- Discussions
- Informative presentations
- Entertainment
- Community outings
- Gentle exercise
- Hot noon meal and refreshment breaks



## Where and When?

LutherCare Communities operates weekly Community Day Programs at three different locations in Saskatoon:

**Young at Heart** meets Mondays from 11 a.m. to 2 p.m. at McNaughton Place, 302 6th Avenue North.

**TEMT (Travel, Eat, Meet, Talk)** meets Tuesdays from 11 a.m. to 3 p.m. at Luther Special Care Home, 1212 Osler Street.

**Live Smart** meets Thursdays from 10 a.m. to 1 p.m. at Clinkskill Manor, 115 19th Street East.

## How much?

The cost is \$8.45 per week, which includes a hot lunch. Participants are encouraged to arrange their own transportation. Transportation can be arranged at an additional charge of \$8 per week.

The Community Day Programs are managed by LutherCare Communities, with the support of the Saskatoon Health Region.