

Luther Tower

Date: October 1 - 7, 2017

	October 1	October 2	October 3	October 4	October 5	October 6	October 7
Name	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
JUICE or SOUP	Sunday Brunch is from 11:00 am to 2:00 pm	Juice or Cream of Mushroom Soup	Juice or Lemon Chicken Rice Soup	Buffet Night Borscht & Wonton Soup	Juice or Minestrone	Juice or Corn Chowder	Juice or Tomato Vegetable
SALAD		Southwest Salad or Coleslaw	Asian Noodle Salad or Garden Salad	Salad Bar	Sonoma Salad or Beet Salad	Spinach Tomato Basil Salad or Cucumber Salad	Garden Salad OR Marinated Vegetable Salad
ENTRÉE		Swedish Meatballs in mushroom garvy or Chicken and Swiss Cheese Sandwich	♥Grilled Pork With Rosemary and Apple Sauce or Cheeseburger	Chinese Food Pizza and 4 to 5 other Hot Food Selections (Chef's Choice)	Pork Dry Ribs or French Onion Salisbury Steak with Gravy	♥Roasted Chicken OR Battered Fish	♥Roast Beef OR Salmon with Dill Sauce
POTATO		French Fries or Mashed Potatoes	Sweet Potato Fries or Baby Potatoes	Chef's Choice	Asian Fried Rice or Perogies and Sour Cream	Herbed Rice or French Fries	Mashed Potatoes and Gravy or White rice
VEGETABLE		Mashed Yams or Carrots, butter and parsley	Cabbage Rolls or Savoury Carrots	Chef's Choice	Glazed Yams or Asparagus	Buttered Peas OR Brussel Sprouts	Roasted Butternut Squash OR Seasoned Spinach
DESSERT		Matrimonial Cake Reduced Sugar or Celiac	English Toffee Pudding Reduced Sugar or Celiac	Baker's Choice Reduced Sugar or Celiac	Lemon Cream Cake Reduced Sugar or Celiac	Pears and Syrup Reduced Sugar or Celiac	Blueberry Cobbler Reduced Sugar or Celiac
Table #							

Please note: Tray service delivery will be between 4:00pm and 4:30 pm and then again after 6:00 pm.