




Luther Tower Activities July 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<i>Wellness Nurse</i> <i>See Schedule on 21st floor</i>	<i>Message Therapy</i> <i>Tuesday- 9am to noon</i> <i>21st floor</i>	<i>Aqua Size</i> <i>Monday, Wednesdays and Fridays</i> <i>8:45 a.m. and 9:45</i>			 7:00 BINGO
2 10:30 Worship 7:00 Hymn Sing	3 10:30 Coloring Club 2:00 Knitting 7:00 Cards	4 <i>10:45-Berry Barn Trip 1</i> <i>1:00 -Berry Barn Trip 2</i> 2:00 Yoga 7:00 Crib	5 2:00 Ice Cream Social 7:00 Whist	6 10:30 Banking 2:00 Exercise 7:00 Bridge	7 <i>2:00 Wine and Cheese</i> 7:00 Movie Night 	8 7:00 BINGO
9 10:30 Worship 7:00 Hymn Sing	10 10:30 Walk 10:30 Coloring Club 2:00 Knitting 7:00 Cards	11 10:30 Bocce Ball 2:00 Ice Cream Social 7:00 Crib	12 7:00 Whist	13 10:30 Banking 7:00 Bridge	14 7:00 Movie Night	15 7:00 BINGO
16 10:30 Worship 7:00 Hymn Sing	17 10:30 Coloring Club 2:00 Knitting 7:00 Cards	18 10:30 Ladder Ball 2:00 Yoga 7:00 Crib	19 <i>11am-1pm Burger and Beer Party</i> 2:00 Ice Cream Social 7:00 Whist	20 <i>10:00 Birthday Party</i> 10:30 Banking 2:00 Exercise 7:00 Bridge 	21 10:30 Neighborhood Walk 7:00 Movie Night	22 7:00 BINGO
23 10:30 Worship 7:00 Hymn Sing	24 10:30 Coloring Club 2:00 Knitting 7:00 Cards	25 10:30- <i>'History Travels 2017'</i> Presentation 2:00 Yoga 7:00 Crib	26 <i>10:45am- 1 pm Lawson Heights Mall</i> 2:00 Ice Cream Social 7:00 Whist	27 10:00 Bocce Ball 10:30 Banking 2:00 Exercise 7:00 Bridge	28 7:00 Movie Night	29 7:00 BINGO
30 10:30 Worship 7:00 Hymn Sing	31 10:30 Ladder Ball 10:30 Coloring Club 2:00 Knitting 7:00 Cards					