

LSCH October Dinner Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <i>Hot Pork Sandwich</i> <i>Squash</i> <i>Watermelon</i>	2 <i>Meatloaf</i> <i>Mashed Potatoes & Gravy</i> <i>Cauliflower</i> <i>Peaches</i>	3 <i>Sweet & Sour Pork</i> <i>Jasmine Rice / Brown Rice</i> <i>Sliced Carrots</i> <i>Ice Cream</i>	4 <i>Smokies</i> <i>Perogies & Sour Cream</i> <i>Stewed Cabbage</i> <i>Strawberries & Cream</i>	5 <i>Baked Chicken with</i> <i>Stuffing & Cranberries</i> <i>Mashed Potatoes & Gravy</i> <i>Green Beans</i> <i>Mandarins</i>	6 <i>Shrimp Scampi</i> <i>Lemon Butter Sauce</i> <i>Jasmine Rice / Brown Rice</i> <i>Broccoli</i> <i>Mousse & Whipped Topping</i>	7 <i>Pulled Pork & Beans</i> <i>Baked Potato & Sour Cream</i> <i>Peas</i> <i>Bananas</i>
8 <i>Chicken Paprikash</i> <i>Mashed Potatoes</i> <i>Sunrise Mix Vegetables</i> <i>Lemon Meringue Pie</i>	9 <i>Sweet & Sour Meatballs</i> <i>Jasmine Rice / Brown Rice</i> <i>Parsnips</i> <i>Chocolate Pudding</i>	10 <i>Beef Stroganoff</i> <i>Buttered Noodles</i> <i>Yellow Beans</i> <i>Yogurt</i>	11 <i>Cod Nuggets</i> <i>Potato Wedges</i> <i>Peas</i> <i>Pears</i>	12 <i>Chicken Pot Pie with Gravy</i> <i>Cranberries</i> <i>Bananas</i>	13 <i>Beef Vegetable Stir-fry</i> <i>Jasmine Rice / Brown Rice</i> <i>Pears</i>	14 <i>Grilled Chicken</i> <i>Mashed Potatoes & Gravy</i> <i>Carrots</i> <i>Peaches</i>
15 <i>Porcupine Meatballs</i> <i>Mashed Potatoes</i> <i>Squash</i> <i>Revel</i>	16 <i>Pork & Orzo Casserole</i> <i>Green Beans</i> <i>Pears</i>	17 <i>Cabbage Roll Casserole</i> <i>Mashed Potatoes & Gravy</i> <i>Peas & Carrots</i> <i>Ice Cream Sundae</i>	18 <i>Chicken Fingers</i> <i>Oven Fries & Gravy</i> <i>Coleslaw</i> <i>Watermelon</i>	19 <i>Baked Ham</i> <i>Scalloped Potatoes</i> <i>Creamed Corn</i> <i>Bananas</i>	20 <i>Lemon Butter Cod</i> <i>Baked Potato & Sour Cream</i> <i>Squash</i> <i>Butterscotch Pudding</i>	21 <i>Pork Sausage</i> <i>Perogies & Onions/Sour Cream</i> <i>Beets</i> <i>Peaches</i>
22 <i>Beef Scallopini</i> <i>Mashed Potatoes & Gravy</i> <i>Sunrise Mix Vegetables</i> <i>Ice Cream</i>	23 <i>Honey Garlic Chicken</i> <i>Jasmine Rice / Brown Rice</i> <i>Broccoli</i> <i>Tapioca Pudding</i>	24 <i>Meatloaf</i> <i>Mashed Potatoes & Gravy</i> <i>Squash</i> <i>Peaches</i>	25 <i>Tilapia with Hollandaise</i> <i>Lemon Roast Potatoes</i> <i>Carrots</i> <i>Fruit Cocktail</i>	26 <i>Chicken Fingers</i> <i>Oven Fries & Gravy</i> <i>Green Beans</i> <i>Bananas</i>	27 <i>Swiss Steak</i> <i>Mashed Potatoes & Gravy</i> <i>Kernel Corn</i> <i>Fruit Salad</i>	28 <i>Shepherd's Pie with Gravy</i> <i>Sunrise Vegetables</i> <i>Yogurt</i>
29 <i>Baked Chicken & Stuffing</i> <i>Mashed Potatoes & Gravy</i> <i>Squash</i> <i>Banana Pudding</i>	30 <i>Hot Pork Sandwich</i> <i>Turnips</i> <i>Watermelon</i>	31 <i>Salisbury Steak</i> <i>Onion Gravy</i> <i>Mashed Potatoes</i> <i>Green Beans</i> <i>Bananas</i>				