

LSCH June Dinner Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Cod Nuggets Tartar Sauce Oven Roast Potatoes Coleslaw Peaches	2 Baked Chicken Cranberries & Stuffing Mashed Potatoes & Gravy Mixed Vegetables Mandarins
3 Ginger Beef Brown Rice Broccoli Banana	4 Chicken a la King Brown Rice Green Beans Fruit Cocktail	5 Cabbage Roll Casserole Mashed Potatoes & Gravy Peas Pears	6 Lemon Butter Cod Tartar Sauce Mashed Potatoes & Cream Sauce Mixed Vegetables Mandarins	7 Pork Souvlaki Mashed Potatoes & Gravy Mixed Vegetables Banana	8 Chicken Fingers Mashed Potatoes & Gravy Brussel Sprouts Peaches	9 Macaroni & Cheese Bacon Sliced Tomatoes Pears
10 Baked Ham Scalloped Potatoes Creamed Corn Watermelon	11 Sweet & Sour Meatballs Mashed Potatoes Green Beans Pears	12 Shepherd's Pie Squash Fruit Cocktail	13 Cod Nuggets Mashed Potatoes & Cream Sauce Zucchini Strawberries / Blueberries	14 Honey Garlic Chicken Brown Rice Cauliflower Banana	15 Pork Tenderloin Mashed Potatoes & Gravy Kernel Corn Melon	16 Baked Sole Mashed Potato & Cream Sauce Mixed Vegetables Peaches
17 Father's Day Braised Short Ribs Baked Potato & Sour Cream Carrots Fruit Cocktail	18 Lemon Butter Cod Mashed Potato & Cream Sauce Peas Applesauce	19 Beef Stir-fry Brown Rice Cauliflower Bites Diced Canned Peaches	20 Pork & Orzo Broccoli Fresh Pears	21 Shrimp Scampi Lemon Butter Sauce Risotto Sliced Carrots Fresh Diced Fruit Salad	22 Chicken in a Lemony Cream Sauce Mashed Potatoes Mixed Vegetables Bananas	23 Mushroom Turkey Meatballs Mashed Potatoes & Gravy Vegetable Medley Mandarin Oranges
24 Hot Pork Sandwich Peas Applesauce	25 Baked Chicken & Gravy Baked Potato & Sour Cream Squash Banana	26 Sweet & Sour Pork Brown Rice Zucchini Watermelon	27 Poached Tilapia Oven Roast Potatoes with Butter & Herbs Sliced Carrots Fruit Cocktail	28 Hearty Vegetarian Casserole Mashed Potatoes & Gravy Fresh Strawberries	29 Baked Ham Scalloped Potatoes Green Beans Peaches	30 Chicken Burger French Fries Tossed Salad Watermelon