

LSCH July Dinner Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 <i>Baked Chicken with Stuffing / Cranberries Mashed Potatoes & Gravy Summer Mix Vegetables Mandarins</i>
2 <i>Ginger Beef Jasmine Rice / Brown Rice Broccoli Banana</i>	3 <i>Chicken a la King Jasmine Rice / Brown Rice Green Beans Fruit Cocktail</i>	4 <i>Cabbage Roll Casserole Mashed Potatoes & Gravy Peas Pears</i>	5 <i>Lemon Butter Cod Tartar Sauce Mashed Potatoes & Cream Sauce Sunrise Vegetables Mandarins</i>	6 <i>Pork Souvlaki Mashed Potatoes & Gravy Summer Mix Vegetables Bananas</i>	7 <i>Chicken Fingers Mashed Potatoes & Gravy Brussel Sprouts Peaches</i>	8 <i>Swiss Steak Mashed Potatoes & Gravy Sliced Carrots Pears</i>
9 <i>Baked Ham Scalloped Potatoes Creamed Corn Watermelon</i>	10 <i>Sweet & Sour Meatballs Mashed Potatoes Green Beans Pears</i>	11 <i>Shepherd's Pie Gravy Squash Fruit Cocktail</i>	12 <i>Lobster Mac & Cheese Peas Strawberries & Blueberries</i>	13 <i>Honey Garlic Chicken Jasmine Rice / Wild Rice Cauliflower Bananas</i>	14 <i>Pork Tenderloin Mashed Potatoes & Gravy Kernel Corn Melon</i>	15 <i>Baked Sole Mashed Potatoes Florentine Vegetables Peaches</i>
16 <i>BBQ Chicken & Sauce Baked Potato & Sour Cream Carrots Fruit Cocktail</i>	17 <i>Lemon Butter Cod Mashed Potatoes & Cream Sauce Peas Applesauce</i>	18 <i>Beef Stir-fry Jasmine Rice / Brown Rice Diced Peaches</i>	19 <i>Pork & Orzo Sliced Carrots Fresh Pears</i>	20 <i>Shrimp Scampi Risotto Broccoli Fresh Diced Fruit Salad</i>	21 <i>Lemon Chicken Mashed Potatoes Pick of the Day Vegetables Bananas</i>	22 <i>Mushroom Turkey Meatballs Mashed Potatoes & Gravy Vegetable Medley Mandarin Oranges</i>
23 <i>Hot Pork Sandwich Squash Watermelon</i>	24 <i>Baked Chicken & Cream Sauce Baked Potatoes & Sour Cream Squash Bananas</i>	25 <i>Sweet & Sour Pork Jasmine Rice / Brown Rice Peas Peaches</i>	26 <i>Poached Tilapia Oven Roast Potatoes with Butter & Herbs Carrots Fruit Cocktail</i>	27 <i>Hearty Vegetarian Casserole Mashed Potatoes & Gravy Fresh Strawberries</i>	28 <i>Baked Ham Scalloped Potatoes Green Beans Pears</i>	29 <i>Chicken Burgers French Fries Tossed Salad Watermelon</i>
30 <i>Meatloaf Mashed Potatoes & Gravy Sunrise Vegetables Fruit Cocktail</i>	31 <i>Chicken Paprikash Mashed Potatoes Cream Sauce Florentine Mixed Vegetables Bananas</i>					