

Intermediate Care Home  
Cycle 11

	May 14	May 15	May 16	May 17	May 18	May 19	May 20
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast</b>	(Open)	(Open)	(Open)	(Open)	(Open)	(Open)	(Open)
Juice	Variety	Variety	Variety	Variety	Variety	Variety	Variety
	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea
Cereal	Cold Cereals Oatmeal or Cream of Wheat	Cold Cereals Oatmeal or Cream of Wheat	Cold Cereals Oatmeal or Cream of Wheat	Cold Cereals Oatmeal or Cream of Wheat	Cold Cereals Oatmeal or Cream of Wheat	Cold Cereals Oatmeal or Cream of Wheat	Cold Cereals Oatmeal or Cream of Wheat
Fruit	Variety of Fruit and/or Dried Prunes	Variety of Fruit and/or Dried Prunes	Variety of Fruit and/or Dried Prunes	Variety of Fruit and/or Dried Prunes	Variety of Fruit and/or Dried Prunes	Variety of Fruit and/or Dried Prunes	Variety of Fruit and/or Dried Prunes
<b>#meals</b>							
<b>Lunch</b>							
Soup (Kitchen)	No Soup Required	Soup - 6 oz/person	Soup - 6 oz/person	Soup - 6 oz/person	No Soup Required	Soup - 6 oz/person	Soup - 6 oz/person
Meat or Meat Substitute	Waffles/Fruit Sauce/Whipped Cream	Mini Burgers with Cheese & Onion	BLT	Super Tuna Salad Sandwich	Chicken Fingers	Egg Salad Sandwich	Chicken Salad Sandwich
Vegetable							
Salad	Cottage Cheese			Pickles		Tomato Slices	Pickles
Other					Fries		
Dessert	Peaches	Jello	Jello	Fruit Salad	Apricots	Watermelon	Peaches
<b>#meals</b>	21	21	21	21	21	21	21
<b>Supper</b>							
Soup	No Soup Required	No Soup Required	No Soup Required	No Soup Required	No Soup Required	No Soup Required	No Soup Required
Salad	Tossed	Chef's Choice	Buffet Night	Tossed	Chef's Choice	Chef's Choice	Chef's Choice
Entrée	Baked Ham & pineapple	Ginger Beef		Creamy Chicken Pasta	Cold Plate	Spanish Style Tilapia	Frittata Omelette
Starch	Scalloped Potatoes	Rice Mix			Potato Salad	Fetticine Alfredo	
Vegetables	Green Beans	Cauliflower & Peas		Stir Fry Vegetables	Coleslaw	Corn	Sunrise Veg Mix
Dessert	Carrot Cake	Butterscotch Pudding		Cream Puff	Raspberry Icebox Cake	Lemon Chiffon & Blueberries	Chocolate Zucchini Cake

Intermediate Care Home  
Cycle 12

	May 21	May 22	May 23	May 24	May 25	May 26	May 27
<b>Breakfast</b>	<b>Sunday</b> (Open)	<b>Monday</b> (Open)	<b>Tuesday</b> (Open)	<b>Wednesday</b> (Open)	<b>Thursday</b> (Open)	<b>Friday</b> (Open)	<b>Saturday</b> (Open)
<b>Juice</b>	Variety	Variety	Variety	Variety	Variety	Variety	Variety
	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea
<b>Cereal</b>	Cold Cereals Oatmeal or Cream of Wheat	Cold Cereals Oatmeal or Cream of Wheat	Cold Cereals Oatmeal or Cream of Wheat	Cold Cereals Oatmeal or Cream of Wheat	Cold Cereals Oatmeal or Cream of Wheat	Cold Cereals Oatmeal or Cream of Wheat	Cold Cereals Oatmeal or Cream of Wheat
<b>Fruit</b>	Variety of Fruit and/or Dried Prunes	Variety of Fruit and/or Dried Prunes	Variety of Fruit and/or Dried Prunes	Variety of Fruit and/or Dried Prunes	Variety of Fruit and/or Dried Prunes	Variety of Fruit and/or Dried Prunes	Variety of Fruit and/or Dried Prunes
<b>#meals</b>							
<b>Lunch</b>							
<b>Soup (Kitchen)</b>	No Soup Required	Soup - 6 oz/person	Soup - 6 oz/person	Soup - 6 oz/person	Soup - 6 oz/person	Soup - 6 oz/person	Soup - 6 oz/person
<b>Meat or Meat Substitute</b>	Eggs Benedict	Fancy Ham & Cheese Sandwich	Turkey Salad Sandwich	Grilled Cheese & Onion Sandwich	Fish Burger/Lettuce & Tartar Sauce	Open Faced Denver	Chicken Breast Burger with lettuce & Cranberry Sauce
<b>Vegetable</b>							
<b>Salad</b>	Sliced Tomato						
<b>Other</b>							
<b>Dessert</b>	Pears	Pineapple Tidbits	Mandarin Oranges	Fruit Salad	Apricots	Melon Slices	Peaches
<b>#meals</b>							
<b>Supper</b>							
<b>Soup</b>	No Soup Required	No Soup Required	No Soup Required	No Soup Required	No Soup Required	No Soup Required	No Soup Required
<b>Salad</b>	Chef's Choice	Tossed	Buffet Night	Tossed	Chef's Choice	Tossed	Chef's Choice
<b>Entrée</b>	Chicken Cordon Bleu	Baked Chicken		Shrimp Scampi	Beef Stir Fry	Chili	Pork Loin & Gravy
<b>Starch</b>	Baked Potato	Roasted Baby Potatoes		Buttered Penne Noodles	Rice	Ranch mashed potatoes	Potatoes Romanoff
<b>Vegetables</b>	Harvard Beets	Peas		Fresh Vegetable Medley	Carrot Coins	Roasted Root Vegetables	Mixed Vegetables
<b>Dessert</b>	Baked Apple Slices	Banana Pudding (diabetic friendly)		Chocolate Raspberry Cloud	Cheesecake	Cookies & Ice Cream	Tapioca Pudding