

**For the week of: Mar 18 – 24, 2018**

**Evening meal times:  
First sitting 4:45 pm    Second sitting 6:00 pm**

	<b>Mar 18</b>	<b>Mar 19</b>	<b>Mar 20</b>	<b>Mar 21</b>	<b>Mar 22</b>	<b>Mar 23</b>	<b>Mar 24</b>
<b>Cycle 1C</b>	<b>Sunday</b>	<b>Mon</b>	<b>Tues</b>	<b>Wed</b>	<b>Thurs</b>	<b>Fri</b>	<b>Sat</b>
<b>Soup</b>	<b>Daily</b>	<b>Daily</b>	<b>B U F F E T  N I G H T</b>	<b>Daily</b>	<b>Daily</b>	<b>Daily</b>	<b>Daily</b>
<b>Salad</b>	<b>Tossed/ Chef's Choice</b>	<b>Tossed/ Chef's Choice</b>		<b>Tossed/ Chef's Choice</b>	<b>Tossed/ Chef's Choice</b>	<b>Tossed/ Chef's Choice</b>	<b>Tossed/ Chef's Choice</b>
<b>Entrée 1</b>	<b>Prime rib roast &amp; Gravy</b>	<b>Breaded Sole</b>		<b>Veg/cheese omelette</b>	<b>Pork Schnitzel with sauerkraut</b>	<b>Chicken Stroganoff</b>	<b>Greek Ribs &amp; roasted baby potatoes</b>
<b>Entrée 2</b>		<b>Turkey &amp; gravy</b>		<b>Honey BBQ Meatballs</b>	<b>Lemon Garlic Chicken Stir Fry</b>	<b>Haddock &amp; Herbs</b>	<b>Baked spaghetti &amp; garlic toast</b>
<b>Starch</b>	<b>Mashed Potatoes</b>	<b>Mashed Potatoes</b>		<b>Potatoes au Gratin</b>	<b>Potatoes Lyonnaise</b>	<b>White &amp; Wild Rice</b>	<b>Roasted Baby Potatoes</b>
<b>Vegetables</b>	<b>Parsnips</b>	<b>Creamed Corn</b>		<b>Peas and carrots</b>	<b>Mashed Turnips</b>	<b>Squash</b>	<b>Glazed Sweet Potato &amp; Carrots</b>
<b>Fruit</b>	<b>Diced honeydew &amp; cantaloupe</b>	<b>Grapes</b>		<b>Orange Slices</b>	<b>Pear Halves</b>	<b>Mandarin Oranges</b>	<b>Fruit Salad</b>
<b>Dessert</b>	<b>Trifle</b>	<b>Lemon Pudding (Diabetic Friendly)</b>		<b>Apple Pie</b>	<b>Angel food cake &amp; berries</b>	<b>½ hour pudding</b>	<b>Blueberry Tres Leche cake</b>

For the week of: March 25 – 31, 2018

Evening meal times:  
 First sitting 4:45 pm    Second sitting 6:00 pm

	Mar 25	Mar 26	Mar 27	Mar 28	Mar 29	Mar 30	Mar 31
Cycle 2C	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Soup	Daily	Daily	<b>B U F F E T  N I G H T</b>	Daily	Daily	Daily	Daily
Salad	Tossed/ Chef's Choice	Tossed/ Chef's Choice		Tossed/ Chef's Choice	Tossed/ Chef's Choice	Tossed/ Chef's Choice	Tossed/ Chef's Choice
Entrée 1	Roast Pork & Gravy	Basa Fish		Chicken Paprikash	Beef Stroganoff	Turkey & fixings	Turkey Cutlette & cranberry sauce
Entrée 2		Roast Beef & gravy		Quiche Lorraine	Szechuan Stir Fry	Baked Salmon	Pork Sausage
Starch	Mashed Potatoes	Whipped Potatoes		Rice Pilaf	Buttered Fettucine noodles	Mashed Potatoes	Baked Potato
Vegetables	Braised Cabbage, Carrots & Celery	Baby carrots		Sunrise Vegetable Mix	Italian Canadian Veg Mix	Peas & Carrots	Montego Blend Vegetables
Fruit	Peaches	Fruit Cocktail		Apricots	Pineapple Tidbits	Berries & Vanilla Sauce	Orange Slices
Dessert	Cookies & Ice Cream	Butter Tart		Bread Pudding	Tiramisu Cake	Sweet potato pie	Coconut cream pudding