

For the week of: July 9-15, 2017

Evening meal times:

First sitting 4:45 pm Second sitting 6:00 pm

Guests to come at 4:45 pm

	July 9	July 10	July 11	July 12	July 13	July 14	July 15
Cycle 1C	Sunday	Mon	Tues	Wed	Thurs	Fri	Sat
Soup	Daily	Daily	B U F F E T N I G H T	Daily	Daily	Daily	Daily
Salad	Tossed/ Chef's Choice	Tossed/ Chef's Choice		Tossed/ Chef's Choice	Tossed/ Chef's Choice	Tossed/ Chef's Choice	Tossed/ Chef's Choice
Entrée 1	Prime rib roast & Gravy	Breaded Sole		Mandarin Chicken Salad	Pork Schnitzel with sauerkraut	Chicken Stroganoff	Greek Ribs
Entrée 2		Turkey & gravy		Honey BBQ Meatballs	Lemon Garlic Chicken Stir Fry	Haddock & Herbs	Vegetable Cheese Omelette
Starch	Mashed Potatoes	Mashed Potatoes		Potatoes au Gratin	Potatoes Lyonnaise	White & Wild Rice	Roasted Baby Potatoes
Vegetables	Parsnips	Creamed Corn		Peas and carrots	Mashed Turnips	Squash	Glazed Sweet Potato & Carrots
Fruit	Diced honeydew & cantaloupe	Grapes		Orange Slices	Pear Halves	Mandarin Oranges	Fruit Salad
Dessert	Trifle	Lemon Pudding (Diabetic Friendly)		Apple Pie	Bananas & Ice Cream	Angel Food Cake & Mixed Berries	Blueberry Tres Leche cake

For the week of: **July 16-22, 2017**

Evening meal times:

First sitting 4:45 pm Second sitting 6:00 pm

Guests to come at 4:45 pm

	July 16	July 17	July 18	July 19	July 20	July 21	July 22
Cycle 2C	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Soup	Daily	Daily	B U F F E T N I G H T	Daily	Daily	Daily	Daily
Salad	Tossed/ Chef's Choice	Tossed/ Chef's Choice		Tossed/ Chef's Choice	Tossed/ Chef's Choice	Tossed/ Chef's Choice	Tossed/ Chef's Choice
Entrée 1	Roast Pork & Gravy	Basa Fish		Chicken Paprikash & Rice Pilaf	Beef Stroganoff	Baked Ham	Turkey Cutlette & Cranberry Sauce
Entrée 2		Roast Beef & Gravy		Quiche Lorraine	Szechuan Stir Fry	Pork Sausage	Herbed BBQ Chicken Breast
Starch	Mashed Potatoes	Whipped Potatoes			Buttered Fettucine noodles	Macaroni & Cheese	Baked Potato
Vegetables	Braised Cabbage, Carrots & Celery	Baby carrots		Sunrise Vegetable Mix	Italian Canadian Veg Mix	Peas & Carrots	Montego Blend Vegetables
Fruit	Peaches	Fruit Cocktail		Apricots	Pineapple Tidbits	Berries & Vanilla Sauce	Orange Slices
Dessert	Cookies & Ice Cream	Butter Tart		Bread Pudding	Tiramisu Cake	Coconut Cream Pudding	Butterscotch Sundae