

Intermediate Care Home
 Cycle 11
 Year 2018

	Apr 15	Apr 16	Apr 17	Apr 18	Apr 19	Apr 20	Apr 21
Breakfast	Sunday (Open)	Monday (Open)	Tuesday (Open)	Wednesday (Open)	Thursday (Open)	Friday (Open)	Saturday (Open)
Juice	Variety	Variety	Variety	Variety	Variety	Variety	Variety
	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea
Cereal	Cold Cereals Oatmeal or Cream of Wheat	Cold Cereals Oatmeal or Cream of Wheat	Cold Cereals Oatmeal or Cream of Wheat	Cold Cereals Oatmeal or Cream of Wheat	Cold Cereals Oatmeal or Cream of Wheat	Cold Cereals Oatmeal or Cream of Wheat	Cold Cereals Oatmeal or Cream of Wheat
Fruit	Variety of Fruit and/or Dried Prunes	Variety of Fruit and/or Dried Prunes	Variety of Fruit and/or Dried Prunes	Variety of Fruit and/or Dried Prunes	Variety of Fruit and/or Dried Prunes	Variety of Fruit and/or Dried Prunes	Variety of Fruit and/or Dried Prunes
#meals							
Lunch:							
Soup (Kitchen)	No Soup Required	Soup - 6 oz/person	Soup - 6 oz/person	Soup - 6 oz/person	No Soup Required	Soup - 6 oz/person	Soup - 6 oz/person
Meat or Meat Substitute	Waffles/Fruit Sauce/Whipped Cream	Mini Burger with cheese & onion	BLT	Deluxe Pork Sandwich	Chicken Fingers	Egg Salad	Chicken Salad Sandwich
Vegetable							
Salad	Cottage Cheese			Pickles		Tomato Slices	Dill Pickles
Other					Fries		
Dessert	Peaches	Fruit Cocktail	Citrus Cup	Fruit Salad	Apricots	Watermelon	Peaches
#meals							
Supper							
Soup	No Soup Required	No Soup Required	No Soup Required	No Soup Required	No Soup Required	No Soup Required	No Soup Required
Salad	Tossed	Chef's Choice	Buffet Night	Tossed	Chef's Choice	Tossed	Chef's Choice
Entrée	Baked Ham & Pineapple	Ginger Beef		Creamy Chicken Pasta	Hot Dog	Spanish Style Tilapia	Frittata Omelette
Starch	Scalloped Potatoes	Rice Mix			Potato Wedges	Fettucine Alfredo	
Vegetables	Green beans	Cauliflower & Peas		Stir Fry Vegetables	Baked Beans	Corn	Sunrise Veg Mix
Dessert	Carrot Cake	Butterscotch Pudding		Jelly Roll	Hawaiian Cake	Lemon Chiffon & Blueberries (low cal)	Chocolate Zucchini Cake

Intermediate Care Home

Cycle 12
Year 2018

	Apr 22	Apr 23	Apr 24	Apr 25	Apr 26	Apr 27	Apr 28
Breakfast	Sunday (Open)	Monday (Open)	Tuesday (Open)	Wednesday (Open)	Thursday (Open)	Friday (Open)	Saturday (Open)
Juice	Variety	Variety	Variety	Variety	Variety	Variety	Variety
	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea
Cereal	Cold Cereals Oatmeal or Cream of Wheat	Cold Cereals Oatmeal or Cream of Wheat	Cold Cereals Oatmeal or Cream of Wheat	Cold Cereals Oatmeal or Cream of Wheat	Cold Cereals Oatmeal or Cream of Wheat	Cold Cereals Oatmeal or Cream of Wheat	Cold Cereals Oatmeal or Cream of Wheat
Fruit	Variety of Fruit and/or Dried Prunes	Variety of Fruit and/or Dried Prunes	Variety of Fruit and/or Dried Prunes	Variety of Fruit and/or Dried Prunes	Variety of Fruit and/or Dried Prunes	Variety of Fruit and/or Dried Prunes	Variety of Fruit and/or Dried Prunes
#meals							
Lunch:							
Soup (Kitchen)	No Soup Required	Soup - 6 oz/person	Soup - 6 oz/person	Soup - 6 oz/person	Soup - 6 oz/person	Soup - 6 oz/person	Soup - 6 oz/person
Meat or Meat Substitute	Eggs Benedict	Fancy Ham & Cheese Sandwich	Turkey Sandwich with Cranberry Mayo	Grilled Cheese Onion & Tomato Sandwich	Fish Burger/Lettuce & Tartar Sauce	Open Faced Denver	Chicken Breast Burger with lettuce & Cranberry Sauce
Vegetable							
Salad	Sliced Tomato						
Other							
Dessert	Pears	Pineapple Tidbits	Mandarin Oranges	Fruit Salad	Apricots	Melon Slices	Peaches
#meals							
Supper							
Soup	No Soup Required	No Soup Required	No Soup Required	No Soup Required	No Soup Required	No Soup Required	No Soup Required
Salad	Chef's Choice	Tossed	Buffet Night	Tossed	Chef's Choice	Tossed	Chef's Choice
Entrée	Chicken Cordon Bleu	Bangers		Shrimp Scampi	Beef Stir Fry	Chili	Pork Loin & Gravy
Starch	Baked Potatoes	Mashed Potatoes		Creamy Dill Potatoes	Jasmine Rice		Potatoes Romanoff
Vegetables	Harvard Beets	Peas		Fresh Vegetable Medley	Carrot Coins	Roasted Root Vegetables	Mixed Vegetables
Dessert	Bake Apple Slices	Banana Pudding (diabetic friendly)		Key Lime Pie	Cheesecake	Cookies & Ice Cream	Tapioca Pudding