

For the week of: February 18 – 24, 2018

Evening meal times:
 First sitting 4:45 pm Second sitting 6:00 pm

	Feb 18	Feb 19	Feb 20	Feb 21	Feb 22	Feb 23	Feb 24
Cycle 3C	Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Soup	Daily	Daily	B U F F E T N I G H T	Daily	Daily	Daily	Daily
Salad	Tossed/Chef's Choice	Tossed/Chef's Choice		Tossed/ Chef's Choice	Tossed/ Chef's Choice	Tossed/ Chef's Choice	Tossed/ Chef's Choice
Entrée 1	Turkey & all the fixings	Crunchy Perch		Salmon Loaf with smashed cauliflower	Meatloaf	Baked Lemon Dill Pollock	Beef Stew & dumplings
Entrée 2		Mild Curry Chicken		Chicken Pot Pie	Stuffed Pork loin & gravy	Liver & Onions & Gravy	Baked Chicken Thighs
Starch	Mashed Potatoes	Santa Fe Rice			Steamed potatoes	Mashed Potatoes	Scalloped Sweet Potatoes
Vegetables	Rutabaga	Roasted Beets & carrots		PEI veg mix	Corn	Italian Vegetable Mix	Mixed Vegetables
Fruit	Apricots	Peaches		Fruit Cocktail	Fruit Salad	Pears	Grapes
Dessert	Tapioca Pudding	Butterscotch Sundae		Upside Down Cake	Pumpkin Dessert	Ice Cream & Chocolate Sauce	Rice Pudding

For the week of: February 25 – March 3 , 2018

Evening meal times:
First sitting 4:45 pm Second sitting 6:00 pm

	Feb 25	Feb 26	Feb 27	Feb 28	Mar 1	Mar 2	Mar 3	
Cycle 4C	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Soup	Daily	Daily	B U F F E T N I G H T	Daily	Daily	Daily	Daily	
Salad	Tossed/ Chef's Choice	Tossed/Chef's Choice		Tossed/ Chef's Choice	Tossed/ Chef's Choice	Tossed/ Chef's Choice	Tossed/ Chef's Choice	
Entrée 1	Sweet & Sour Ribs	Salmon & Dill		Shepherd's Pie with gravy	Pork Ribette, Baked beans	Veal Cutlet, Gravy & mashed potato	Chicken Parmesan	
Entrée 2		Creamy Meatballs & Mushrooms		Vegetable Quiche	Lasagna & garlic toast	Tuna Bake & biscuit	Salisbury Steak & Mushroom Sauce	
Starch	Oven Roast Potato	Brown Rice					Baked Potato	
Vegetables	Creamed Peas	Broccoli			Beets	Sunrise vegetable	Carrots	Braised Cabbage & red pepper
Fruit	Pineapple Tidbits	Mandarin Oranges			Melon Slices	Grapes	Apricots	Peaches
Dessert	Strawberry Shortcake	Chocolate Pudding (Diabetic friendly)			Cheesecake	Peach Mousse (Diabetic Friendly)	Chocolate cherry cake	Ice Cream & Strawberry Sauce