

Luther Heights Activities

February 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>February 2018</h1>				1 10:00 Worship 1:00 Line Dancing 1:30 Shuffleboard 2:00 Art Group 3:00 Pool	2 10:30 Exercise 7:00 Sequence & Floor Shuffleboard	3 7:00 Whist 7:00 Wizard
4 7:00 Songs of Praise	5 10:30 Exercise 1:00 Value Village 1:30 Writers Group 7:00 Crib/Crokinole	6 10:30 Choir 1:00 Knitters/ Crafts 1:30 Shuffleboard 3:00 Pool 2:00 Yoga 7:00 Tile rummy/Kaiser/ Phase 10	7 9:15 Aquasize 10:00 CO-OP Bus 10:30 Exercise 2:00 Bible Study 7:30 BINGO CHEP Delivery	8 10:00 Worship 1:00 Line Dancing 1:30 Shuffleboard 2:00 Art Group 3:00 Pool 7:00 Movie	9 10:30 Exercise 11:00 Gibson's Fish N Chips Lunch Outing 7:00 Sequence & Floor Shuffleboard	10 7:00 Whist 7:00 Wizard
11 7:00 Songs of Praise	12 10:30 Exercise 2:00 Writers Group Presentation 7:00 Crib/Crokinole Place Chep Order	13 9:30 Bowling 10:30 Choir 1:00 Knitters/Crafts 1:30 Shuffleboard 2:00 Yoga 3:00 Pool 7:00 Tile rummy/Kaiser/ Phase 10	14 9:15 Aquasize 10:30 Exercise 2:00 Valentine's Day Social 2:00 Bible Study 7:30 BINGO	15 10:00 Worship 1:00 Line Dancing 1:00 Short Story & Remember When 1:30 Shuffleboard 2:00 Art Group 3:00 Pool 7:00 Hymn Sing	16 10:30 Exercise 1:30 Expert Hearing 2:00 Wine & Cheese 7:00 Sequence & Floor Shuffleboard	17 7:00 Whist 7:00 Wizard
18 7:00 Songs of Praise	19 FAMILY DAY Office & Kitchen Closed	20 10:30 Choir 1:00 Knitters/ Crafts 1:30 Shuffleboard 2:00 Yoga 3:00 Pool 7:00 Tile rummy/Kaiser/ Phase 10	21 9:15 Aquasize 10:00 CO-OP Bus 10:30 Exercise 2:00 Bible Study 7:30 BINGO CHEP Delivery	22 10:00 Worship 1:00 Line Dancing 1:30 Shuffleboard 2:00 Art Group 3:00 Pool 7:00 Movie	23 10:30 Exercise 2:00 Birthday Party 7:00 Sequence & Floor Shuffleboard	24 7:00 Whist 7:00 Wizard
25 7:00 Songs of Praise	26 10:30 Exercise 1:30 Writers Group 2:00 Life Aid Presentation 7:00 Crib/Crokinole Place CHEP Order	27 10:30 Choir 1:00 Market Mall/Knitters 1:30 Annual Resident Association Meeting 1:30 Shuffleboard 2:00 Yoga 3:00 Pool 7:00 Tile rummy/Kaiser/ Phase 10	28 9:15 Aquasize 10:30 Exercise 2:00 Bible Study 7:30 BINGO	Nurse Hours 8am-4pm Monday- Wellness/ Footcare Thursday- Wellness		

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